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Spotlight on New Member: Cathy Shuffield

Grants and Contracts Specialist, Edmon Low Library

Cathy grew up in the small town of Konawa, OK. She attended Oklahoma State University (OSU), earning a B.A. in international relations and Russian and an M.A. in English (Technical Writing and Communication). After college, she married Terry, and the couple recently celebrated their 30th anniversary in Australia and New Zealand.



Oklahoma State has provided Cathy with meaningful, enjoyable opportunities for more than 30 years. She worked in the Edmon Low Library as a student and studied one semester in Russia, thanks to a generous OSU scholarship. Upon graduation, she became the assistant producer/director of OSU's Russian by Satellite distance learning program.

The Spears School of Business then recruited her to work with its Corporate MBA distance-learning program, as well as its Summer in London study abroad program for students. With this position, she learned how much she enjoyed serving and mentoring students. This also launched her interest in tour directing!

Next, Cathy served as assistant director of OSU's interdisciplinary M.S. in Telecommunications Management Program offered in Stillwater, Tulsa, and multiple distance learning sites.

The Business School and OSU Foundation then offered her a position as director of development. She served the OSU Foundation in various roles, including associate vice-president for major gift development. She also worked for several years as executive director of the Oklahoma 4-H Foundation and served as a nonprofit consultant for local charitable organizations. Her OSU work has come full circle--she again works for the Library, but this time she is securing private and public funding through grants and proposals and also mentoring first-generation college students.

Though not yet retired, Cathy joined the Emeriti Association this spring when Jack and Jodelle Stout recruited her to serve as the Association's Tours and Travel Chairperson. Cathy is a trained tour director with Kaleo Tours, which is the company the Stouts have worked with for many years to provide tours for the Emeriti Association.

When Cathy retires, she hopes to expand her tour directing and her volunteer work in church, Rotary Club, the Emeriti Association, and other community organizations, along with playing her flute and spending more time with her beloved cats.

Committees and Groups

Ambassador and Alumni Relations

Russell Wright(chair)/
Judy Lewis

Archive /Historian

Barbara Miller

Benefits

Anne Matoy

Catering and Reservations

Clem Ward

Communications

Zane Quible

Courtesy

Carol Olson

Directory

Zane Quible

Facilities

Althea Wright

Faculty Council

Barbara Miller

Finance

Ron Elliott(chair)/
Sharon Nivens

Investment Club

Ron Miller

Making the Most of Retirement

Zane Quible

Meet and Greet

Althea Wright (chair)/
Kay Keys

Membership

Michael Lorenz

Name Tags

Russell/Betty Wright

Nominations

Anne Matoy

Technology Group

Glade Presnal

Tours and Travel

Cathy Shuffield

Web Site

Zane Quible

Spotlight on a Long-Time Member: David Lewis

Assoc. Professor Emeritus—Forestry and

Adjunct Assoc. Professor Emeritus—Agricultural Economics

David grew up in Madison, Wisconsin, and graduated from Wisconsin High School. He is the eldest of four children. He and his wife Judy have three children and four grandchildren.



David earned his bachelor's degree in forestry from the University of Minnesota in 1960, his master's degree from Yale University in 1966, and his doctorate from the University of Oxford in 1976. His area of specialization is the economics of forestry.

David's professional career began in March, 1963, as a forester with the Weyerhaeuser Company at its Klamath Falls Tree Farm. He held a number of positions in operations and research with the Weyerhaeuser Company.

In February, 1982, David joined the Forestry Department as an associate professor. He had a teaching/research appointment to teach courses in forest economics and forest management problems. His initial research was focused on economic development in Eastern Oklahoma. David has 26 invited or refereed publications and numerous presentations. David's contributions to the teaching programs of the University were recognized by his receiving the "Ted Mills Award for Outstanding Environmental Teaching" in 2006 and the "Teaching and Advising Award" from the College of Agriculture and Natural resources (CASNR) in 2003.

From 2002 to 2005, David served as the director of the Environmental Science Undergraduate Program; before that, from 1998 to 2002, he served as the chair of the Environmental Sciences Steering Committee.

During this time, the Committee and the designated Environmental Science faculty brought the Environmental Science Undergraduate Program from an informal major to a recognized undergraduate program of instruction.

As an active member of the Society of American Foresters, David served on a number of committees and held leadership positions at both the regional and national levels. In 1998, he was elected a Fellow of the Society of American Foresters. He has also been designated as a "Certified Forester" by the Society. In 1990, he was selected to participate in the development of the U.S. position on global forest policies for the 1992 Earth Summit. Before his retirement, he was a Registered Forester in Oklahoma and Arkansas.

David served on the Emeriti Association Council from 2007 to 2013, serving as president in 2012. In 2016, he chaired a committee to revise the Association's Constitution and Bylaws; and from 2013 until the present, he has served as the Emeriti representative on the Faculty Council Research Committee. Judy and David initiated the "Meet and Greet" and helped with it until the fall of 2018.

A Retirement Activity: Our Daily Bread Food & Resource Center

Clem Ward, Professor Emeritus, Agricultural Economics

An effort over a few years to form a “one-stop shop” service center for services of various kinds to families in Payne County culminated with the opening of Our Daily Bread Food & Resource Center in September, 2017.

This new self-selection food pantry essentially combined operations of other food pantries in Stillwater. Our Daily Bread (ODB) could not have been formed without the input and assistance from many people and organizations. Two in particular are the City of Stillwater for leasing the building to ODB and Habitat for Humanity volunteers for assisting with renovating the building.

Since opening, ODB has far exceeded the expected demand. ODB regularly serves 1,100 guest households each month. Food is purchased from the Oklahoma Regional Food Bank and collected through the retail recovery program from four grocery stores in Stillwater. ODB operates with an executive director, Becky Taylor, and four paid staff. Zach Wilson is operations manager, Ben Watson, volunteer coordinator, Emma Wooland, program manager, and Tabby Taylor, an AmeriCorps Vista volunteer is the resource manager. There are regularly 40-60 volunteers helping at ODB each week. Many individuals volunteer on their own, though many are associated with an organization (church, civic group, public school, or OSU). Volunteers welcome guests, conduct intake checks, assist with shopping (sacking and loading food) for guests, stock shelves, and assist with warehousing, (sorting and repackaging food from retail recovery and the Oklahoma Regional Food Bank).

ODB follows U.S. Department of Agriculture guidelines for food handling, storage, and safety. Likewise, it follows guidelines required by the Oklahoma Regional Food Bank for food pantries in Oklahoma. ODB is supported financially by several grants (including from OSU), donations from individuals, churches, and other



organizations, and a variety of fund-raising activities, including its large gala in the fall.

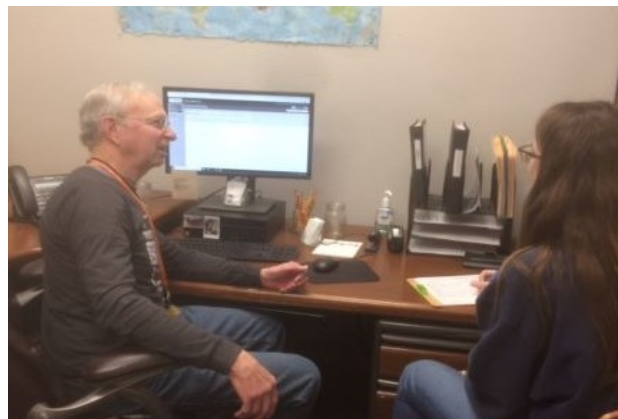
I began volunteering at ODB, mostly doing intake, a few months after its opening. My wife Mimi volunteers also as a shopping assistant.

My experience weekly is very rewarding, being able to interact with guests.

In a short time, I have an opportunity to better understand their circumstances and their emotions with having to shop at a food pantry. One common emotion I have encountered is thankfulness the food pantry exists and appreciation for the courteous volunteers who are ready and willing to assist them. Several OSU Emeriti Association members volunteer regularly at ODB.

Last summer, Father Brian O’Brien, the Priest at Saint Francis Xavier, asked me to coordinate parishioner-volunteers for ODB. We have a once-per-month day for parishioners to volunteer. We have also purchased a rolling cart for parishioners, including our youth, to donate food for ODB.

Interested in volunteering? Drop by Our Daily Bread (701E 12th Avenue) or its Web site. (www.ourdailybreadstillwater.org).



Caption: Clem Ward visiting with a ODB client during the intake process.

A Favorite Retirement Trip: Republic of Ireland

Ken McKinley, Professor Emeritus, EAHED Department

Mary McKinley, Emeriti Association Member

Among our many travels since retirement in 2000, Mary and I have experienced numerous and wonderful attractions world wide. One of our very favorite stops was the Republic of Ireland, September 2018.



As per our usual means of conveyance, upon arriving in Dublin we rented a car and proceeded to enjoy the “Forty Shades of Green.” Even though we prefer to avoid the cities, we bused in to Dublin one-half day from our B & B in the Wicklow Mountains. We viewed the Book of Kells, the Long Room of the Library of Trinity College, and took a quick tour of the University.

The rest of our 21 days on the ground, we traversed a pre-determined clockwise route around the Island on “roads less traveled.” Remember the steering wheel is on the right, the gear shift is on the left (of the driver), and the traffic circles are many. Though there are many awe-inspiring venues, described below are four that stood out for us:

1. The Rock of Cashel: Rising out of the Tipperary Plain southwest of Kilkenny, the Rock is the location where St. Patrick, the primary patron saint of Ireland, baptized King Aengus in about 450 A. D. The great stone buildings astride the Rock date to the 12th century and feature architecture from three distinct European religious periods.

2. The Ring of Kerry: Circling the Inveragh Peninsula on the southwest coast, the Ring is a narrow two-lane highway that affords stunning views of the coastline where the mighty north Atlantic Ocean crashes into the rocky crags along the shoreline. The Peninsula features a great variety of nature’s topology including the highest mountain in Ireland, lakes of all sizes and multiple old ring forts depicting an ancient way of life. By travelling clockwise, you will 1) avoid oncoming tour buses normally travelling

counter-clockwise; and, 2) enjoy the photogenic coastal stretches on (your) side of the road.

3. The Cliffs of Moher: In the west of Ireland and soaring some 650 feet above the Atlantic Ocean is a five-mile stretch of one of the world’s great natural thrills, the Cliffs of Moher. A stone wall has been built in recent years to prevent fatal accidents (and suicides), while protecting photographers who strain to get a better photo of the rocks and waves below.

4. Belfast, Northern Ireland: 1) The Titanic Belfast is a fantastic, interactive museum opened in 2012 to commemorate the 100th anniversary of the launch of the world’s largest



Above: The Titanic Belfast

ocean-going and “unsinkable” passenger liner. This is a must-see” experience; and, 2) The Troubles: We rented a Black Taxi, and the driver took us all over northern Belfast and explained origins and duration of the extreme, violent civil unrest in the city from 1969 to Good Friday of 1998.

In summary, friendly people, good food, and awesome scenery make Ireland a great place to explore at your own pace.